

If you want to Arrange Awareness Programmes in your Elder Society, Funeral Aid Society, Business Associates or Any Community Gathering

Please Contact Us

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Ginimellagaha Medical Center
Ginimellagaha, Baddegama, Galle.



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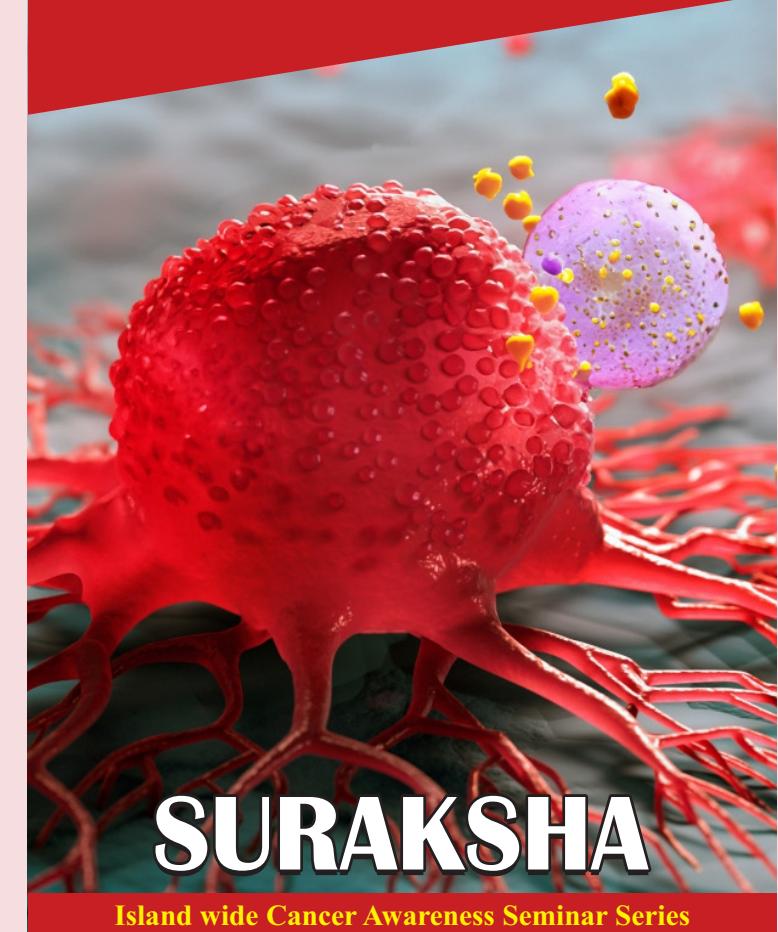
Advanced Cancers and Treatments Done



CANCER

DO WE NEED TO BE WORRIED..?

How to Recognize Early
Warning Signs & Symptoms



SURAKSHA

Island wide Cancer Awareness Seminar Series

Dr. V.P. Wijesinghe
Medical Officer, Cancer Surgery Unit,
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General Warning Signs of Cancer

- ★ Loss of Appetite
- ★ Loss of Weight
- ★ General Body Weakness
- ★ Anemia
- ★ Prolonged unexplained Low Grade Fever

Early Warning Signs of Breast Cancer

- ★ Breast Lump
- ★ Change in Shape
- ★ Nipple Discharge
- ★ Pain in Breast
- ★ Changes in Skin architecture (Peau d' orange appearance)



Early Warning Signs of Thyroid Cancer

- ★ Anterior Neck Lump
- ★ Recent rapid Enlargement of existing thyroid enlargement
- ★ Change in Voice
- ★ Dysphagia
- ★ Shortness of breath



Late Symptoms

Early Warning Signs of Bowel Cancer

- ★ Change of Bowel Habits
- ★ Bleeding per Rectum
- ★ Lump at Anus
- ★ Abdominal pain & Distension
- ★ Sense of Incomplete Evacuation



Early Warning Signs of Upper gastrointestinal (Oesophagus and Stomach) Cancer

- ★ Discomfort in Swallowing (Dysphagia)
- ★ Painful Swallowing (Odynophagia)
- ★ Blood Vomiting (Hematemesis)
- ★ Early Satiety
- ★ Loss of Weight
- ★ Loss of Appetite



Early Warning Signs of Oropharyngeal Cancer

- ★ Oral Ulcers (Painless)
- ★ Reddish or Whitish Patches
- ★ Neck Lump
- ★ Painful Swallowing
- ★ Difficulty in Swallowing
- ★ Vomiting or Coughing out of Blood
- ★ Bleeding from Nose



Early Warning Signs of Lung Cancer

- ★ Long lasting Dry Cough
- ★ Coughing out Blood (Haemoptysis)
- ★ Difficulty in Breathing



Early Warning Signs of Uterine & Ovarian Cancer

- ★ Abdominal distension and pain
- ★ Alteration of bowel habits and habits of micturition
- ★ Loss of Weight
- ★ Back pain
- ★ Abnormal Vaginal Bleeding

Early Warning Signs of Skin Cancer

- ★ Change in pre existing nevus (Eg: Birthmarks)
- ★ Bleeding
- ★ Oozing (Abnormal Discharge)
- ★ Increase in Size



Early Warning Signs of Liver and Biliary Cancer

- ★ Generalized itching
- ★ Yellowish discolouration in Sclera, Palms, Soles & Skin
- ★ Abdominal pain
- ★ Passage of Dark Colour urine and pale stools